

2011 Lake Placid Ice Dance Championships
July 28 – 30 2011
Olympic Center
Lake Placid, NY
www.lakeplacidskating.com
Chair: Ann Greenthal
Co- Chair: Mary Karen Henderson



Hosted by the Skating Club of Lake Placid and the New York State Olympic Regional Development Authority.

Sanctioned by US Figure Skating and Skate Canada

U.S. Collegiate Championships Dance Events to be held in conjunction with the Lake Placid Ice Dance Championships.

ALL JUVENILE THROUGH SENIOR AND ADULT COUPLE EVENTS WILL BE JUDGED USING THE ISU JUDGING SYSTEM.

Deadline for Entries:

Entries must be postmarked by **June 06, 2011** and accompanied by an entry fee. Payment must be made in US Funds. If you are entering a team event, BOTH PARTNERS MUST SUBMIT THEIR FORMS BY THE DEADLINE. Late fees will apply if one partner does not submit their forms by the deadline. This includes open dance events.

All entries must be completed online. Go to www.lakeplacidskating.com for the online entry form.

Late entries will be accepted at the discretion of the committee and subject to a \$40 late fee.

2011 U.S. Collegiate Championships, Dance events –

The Collegiate Dance events are Junior & Senior level dance events and each level is comprised of a Short Dance (pending approval of Governing Council) and a free dance. Competitors in the U.S. Collegiate Championships will enter the championships via the U.S. Figure Skating online entry system by logging onto their member profile at: www.usfsaonline.org.

This entry process is the same as for the qualifying system. The entry deadline is June 06, 2011. Fees are paid to U.S. Figure Skating for the collegiate events.

Collegiate dancers are advised all other events are to be entered via the LOC announcement and entry system. Skaters are advised that the Collegiate announcement is the official information on the collegiate events. Any changes in events including Ice Dance will be noted in the Collegiate announcement.

There will be separate medals awarded for the event.

Entry fees:

Juvenile-Senior, Adult Events

- \$100 First Event
- \$55 Second Event
- \$45 Each Subsequent Event

Pre-Juvenile, Open Dance, Shadow Dance and Solo Dance Events

- \$95 First Event
- \$50 Second Event
- \$40 Each Subsequent Event

***ENTRY FEES ARE PER PERSON!**

Rules & Regulations:

1. No refunds will be given after the close of entries.
2. One official practice is included in the price of the entry fee.
3. Competitors may compete up one level.
4. The dance competitions are open to any qualified skater who is a registered member of US Figure Skating, Skate Canada or any other figure skating association that is a member of the ISU.
5. All solo events will be divided into manageable groups as necessary. Panel judging may be used if there are multiple groups.
6. More information, dances to be skated and tentative schedule will be posted online at www.lakeplacidskating.com.
7. Each competitor will receive one competitor pass and one chaperone pass. All event and daily passes will be available for purchase during the event.
8. Bring 2 copies of your music with you on CD. CDs must only have one track.
9. All SD & FREE DANCE COMPETITORS: Planned Program Content Sheets must be submitted by fax (518-523-5366) two weeks following the deadline for entries. US Figure Skating members may fill out the form on the Members Only section of the US Figure Skating website.

ANY CHANGES IN THE CURRENT DANCE RULES THAT ARE MADE BY THE ISU OR OCCUR AT THE 2011 GOVERNING COUNCIL FOR THE 2011 - 2012 SEASON WILL BE IN EFFECT AT THIS COMPETITION.

General Information

Practice Ice

Each event will have one official practice. Unofficial practice will be available if time allows. It will be made available on a first come, first served basis.

Housing

Contact the Lake Placid Visitor's Bureau at 1-800-447-5224 or visit them on the web at www.lakeplacid.com. Please make reservations early as Lake Placid is very busy the week of the competition.

Pattern Dance Events

Senior Dance

(Lake Placid Gold Dance Plaques)

Refer to: Open Dance Events

Junior Dance

(Joe Carroll Challenge Trophy)

Refer to: Open Dance Events

Novice Dance

(Ethel S. Brummer Trophy)

Initial Round: Kilian, Starlight Waltz

Final Round: Argentine Tango*

Intermediate Dance

(Noreen Kelly Trophy)

Initial Round: American Waltz, Foxtrot

Final Round: Tango*

Juvenile Dance

Initial Round: Hickory Hoedown, Ten Fox

Final Round: 14 Step*

NOTE: Each couple will provide their own music for the asterisked dance. The Skater Choice music may be +/- 2 beats per minute different from the tempo as stated in the dance description of the called dance and may include vocals.

Please be advised the Pre-Juvenile, Championship Adult, Adult Pre-Bronze through Adult Gold pattern dance events does not have an asterisked dance for Skater Choice music.

Pre-Juvenile Dance

Initial Round: Dutch Waltz, Cha Cha

Final Round: Rhythm Blues, Fiesta Tango

Championship Adult Dance

(F. Ritter Shumway Trophy)

Initial Round: Paso Doble

Final Round: Starlight Waltz

Adult Gold Dance

Initial Round: Kilian

Final Round: Starlight Waltz

Adult Pre-Gold Dance

Initial Round: American Waltz

Final Round: Paso Doble

Adult Silver Dance

Initial Round: European Waltz, Tango

Final Round: 14 Step, Blues

Adult Pre-Silver Dance

Initial Round: Willow Waltz, Foxtrot

Final Round: Hickory Hoedown, American Waltz

Adult Bronze Dance

Initial Round: Cha Cha, Ten Fox

Final Round: Hickory Hoedown, 14 Step

Adult Pre-Bronze

Initial Round: Dutch Waltz, Cha Cha

Final Round: Rhythm Blues, Swing Dance

FREE DANCE EVENTS**Senior Free Dance**

Time: 4:00 +/- 10 Sec.

Requirements: 2011-2012 ISU Regulations

Junior Free Dance

Time: 3:30 +/- 10 Sec.

Requirements: 2011-2012 ISU Regulations

Novice Free Dance

Time: 3:00 +/- 10 Sec.

Requirements: in current US Figure Skating Rulebook

Intermediate Free Dance

Time: 2:30 +/- 10 Sec.

Requirements: in current US Figure Skating Rulebook

Juvenile Free Dance

Time: 2:15 +/- 10 Sec.

Requirements: in current US Figure Skating Rulebook

Adult Free Dance

Time: 3:10 Max

Requirements: in current US Figure Skating Rulebook

SHORT DANCE EVENTS

Senior Short Dance – According to ISU Communication as published for 2011-2012

Requirements: 2011-2012 ISU Regulations

Junior Short Dance – According to ISU Communication as published for 2011-2012

Requirements: 2011-2012 ISU Regulations

OPEN DANCE EVENTS (Open means any male/female dance couple)

IJS Judging will be in effect.

Open Rhumba

Open Cha Cha Congelado

Open European Waltz

Open Kilian

Open Starlight Waltz

Open Argentine Tango

Open American Waltz

Open Paso Doble

Open Foxtrot

Open 14-Step

Open Tango

Open Willow Waltz

Open Hickory Hoedown

Open Fiesta Tango

Open Rhythm Blues

Open Cha Cha

SOLO DANCE EVENTS ALL solo events are open to both women and men.

Solo Short Dance – NEW this year. *Rules pertaining to the skating and restrictions of Short Dance as found in the US Figure Skating Rulebook #4260 (2010-2011, except F and G) will apply to the Solo Short Dance as is appropriate. Specific rules for Solo Short Dance are described below. Although not a requirement, use of Edge Elements as described for Solo Free Dance (see below) are encouraged to enhance the choreography and the expression of the character of the chosen music.

BRONZE SOLO SHORT DANCE (Juvenile/ Intermediate level)

Eligibility: Must not have passed complete Pre Silver Dance Test regular or solo.

Duration: 2 minutes +/- 10 seconds

Pattern Dance Portion: One sequence of the Fiesta Tango to be performed anywhere within the program. The dance must begin with step number one and be started facing the judges' side of the ice. Skaters will choose the music which may be +/- 2 beats per minute different from the tempo as stated in the dance description of the Fiesta Tango.

Creative Portion: The entire dance must be in the tango rhythm but the tune and the tempo may change from the pattern dance portion.

Vocal music allowed, but must be skated predominately to the beat and not the melody.

Element requirements:

SPIN: Only one (1) spin of any dance type
Minimum 3 revolutions on one foot after which may change feet for further revolutions.

STEP SEQUENCE: Only one (1) straight line, diagonal or circular – full ice coverage.
Variety of continuous turns and steps (no jumps, spins, or stops).

TWIZZLES: One (1) set of sequential twizzles with up to three steps in between each twizzle. At least one full rotation on each twizzle. Not skated within the step sequence. May use same foot or different feet.

STOPS: One 5-second stop is allowed to express the character of the music.

SILVER SOLO SHORT DANCE (Novice/Junior Level)

Eligibility: Must not have passed the complete Pre Gold Dance Test regular or solo.

Duration: 2 minutes 10 seconds +/- 10 seconds

Pattern Dance Portion: One sequence of the Tango to be performed anywhere within the program. The dance must begin with step number one and be started facing the judges' side of the ice. Skaters will choose the music which may be +/- 2 beats per minute different to the tempo as stated in the dance description of the Tango.

Creative Dance Portion: The entire dance must be in the tango rhythm but the tune and the tempo may change from the pattern dance portion.

Vocal music allowed, but must be skated predominately to the beat and not the melody.

Element Requirements:

SPIN: Only one (1) spin of any dance type
Minimum 3 revolutions on one foot after which may change feet for another 3 revolutions minimum.

STEP SEQUENCES: Two sequences using full ice coverage on both.
One (1) circular (clockwise or anticlockwise) using a variety of continuous steps and turns. No jumps, stops or spins allowed.

One (1) midline including a set of sequential twizzles and may have up to one step between the twizzles with at least one (1) full rotation on each twizzle. May use same or different feet and edges.

STOPS: One 5-second stop is allowed to express the character of the music.

GOLD SOLO SHORT DANCE (Junior/Senior Level)

Eligibility: Must have passed complete Silver Dance Test regular or solo.

Duration: 2 minutes 20 seconds +/- 10 seconds

Pattern Dance Portion: One sequence of the Argentine Tango to be performed anywhere within the program. The dance must begin with step number one and be started facing the judges' side of the ice. Skaters will choose the music which may be +/- 2 beats per minute different to the tempo as stated in the dance description of the Argentine Tango.

Creative Dance Portion: The entire dance must be in the tango rhythm but the tune and the tempo may change from the pattern dance portion.

Vocal music allowed, but must be skated predominately to the beat not the melody.

Element Requirements:

- SPIN:** Only one (1) spin of any dance type.
Minimum 5 revolutions on one foot after which may change feet for 2 further revolutions.
- STEP SEQUENCE:** One (1) from midline, diagonal or circular. Full ice coverage using steps and turns, no spins or jumps. Must include a one foot section with 3 different turns. One (1) short stop to express the character of the music (less than 5 seconds) may be used.
- TWIZZLES:** One (1) set of twizzles placed out of the step sequence. Must use two separate feet with at least two rotations on each foot. Direction and edge is optional. Maximum of 3 steps between twizzles.
- STOPS:** One (1) 5-second stop besides the one (if used) in the step sequence is allowed to express the character of the music and may be placed anywhere within the creative portion of the dance.

Solo Free Dance: NEW this year.

The Dance committee is proposing a Solo Free Dance Test at Juvenile through Senior levels which if recommended by the committee will be presented to the Governing Council this year. A competitive program would use the same requirements as for the test. Lake Placid Dance Championships will offer combined levels similar to the Short Dance for this year with requirements as listed below. Eligibility may differ somewhat to that for the test structure since we have combined levels for this year's competition.

General Requirements:

- A.** A solo free dance is the skating of a creative dance program blending dance steps and movements expressing the character/rhythm(s) of the dance music chosen by the skater.
- B.** The solo free dance must contain combinations of new or known dance steps and movements including required elements composed into a well-balanced, whole unit displaying excellent skating technique and the personal creativity of the skater in concept, arrangement, and expression.
- C.** The choreography should clearly reflect the dance character, accents and nuances of the chosen dance music, distinct changes of mood and pace with variations in speed and tempo. The program must utilize the full ice surface.
- D.** The skater is allowed to finish their program within 10 seconds plus or minus the

required time. The time must be reckoned from the moment when the skater begins to move or skate until arriving at a complete stop.

- E. Music for the solo free dance may be vocal and must have an audible rhythmic beat and melody, or audible rhythmic beat alone, but not melody alone. A program that displays a change in tempo and a well-balanced use of melody, rhythmic beat and musical accents and not melody alone is considered to be of a higher quality because it shows a greater variety of dancing skills. The skater should skate primarily in time to the rhythmic beat and not to the melody alone. Skating out of time or out of phase with the music must be penalized. The music must be suitable for the skater's skating skills
- F. All steps and turns are permitted. Deep edges and intricate footwork displaying skating skill, difficulty, variety and originality that constitute the distinct technical content of the dance must be included in the program and performed by the skater.
- G. All elements and movements are allowed provided that they are appropriate to the character of the music.
- H. Full stops, with a maximum duration of five seconds, in which the skater remains stationary on the ice while performing body movements, twisting, posing and the like are allowed.
- I. The program must be developed through skating quality rather than through non-skating actions such as sliding on one knee, or use of toe steps which should be used only to reflect the character of the dance and underlining rhythm and nuances of the chosen music. Touching the ice with the hand(s) is not allowed. Kneeling or sliding on two knees, or sitting on the ice is not allowed and it will be considered a fall. Lying on the ice is also not permitted.
- J. Jumps of more than one revolution are not permitted.

Description of Edge Elements – Short and Long Edge Elements

Short Edge Elements:

A short edge element is a movement where the skater must hold a continuous sustained edge in any selected position.

A change of position is allowed within the element.

A short edge element must be held for at least three seconds but not to exceed six seconds.

Turns are not permitted except on the entry or exit of the element.

The primary focus is on the quality of edge, and the secondary focus is on the position attained.

Some examples include but are not limited to:

- One foot glide in attitude position
- Shoot the Duck
- Crouch with both knees bent
- Crouch with one leg extended
- Spiral with full split while holding boot
- Spread Eagle
- Ina Bauer
- Spirals in varied positions
- Hydroblade movements
- Biellmann with boot above head gliding on a curve

- Donut gliding in a straight line or on a curve with blade within one-half blade length to head
- Charlotte (a one foot glide in a full split position)

Long Edge Elements:

A long edge element consists of two or more short edge elements performed consecutively with a change in direction between each to form a serpentine like pattern. Each edge must be held for at least three seconds.

A long edge element may not exceed 12 seconds.

A change of position is not required for each portion of the long edge element.

A turn of no more than one-half revolutions is allowed between each short edge element.

A change of foot is permitted between each short edge element.

A turn on the entry or exit is permitted.

The primary focus is on the quality of edge for each part and the secondary focus is on the positions attained.

BRONZE SOLO FREE DANCE (Juvenile/Intermediate Level)

Eligibility: Must not have passed complete Pre Silver Dance Test and no higher than Intermediate Moves in the Field Test

Duration: 2 minutes +/- 10 Seconds

Element Requirements:

SHORT EDGE ELEMENTS: One to two different short edge elements (not to exceed 6 seconds)

SPIN: One dance spin but no more. Minimum of three revolutions. May change to the other foot with at least one full revolution on the second foot.

STEP SEQUENCE: One step sequence covering full ice. Choose from midline, diagonal or circular pattern. Include a variety of steps and turns such as three turns, mohawks, brackets, small hops, and chasses. Spins, jumps of more than ½ rotation, stops, loops, pirouettes or regressions are not permitted.

TWIZZLES: One twizzle with at least one full rotation. Skater may change to the second foot with a full rotation with no more than 3 steps in between the twizzles.

STOPS One stop is permitted not to exceed 5 seconds

SILVER SOLO FREE DANCE (Novice/Junior Level)

Eligibility: Must not have passed complete Pre Gold Dance Test and no higher than Junior Moves in the Field

Duration: 2 minutes 30 seconds +/- 10 Seconds

Element Requirements:

EDGE ELEMENTS: One long edge element (not to exceed 12 seconds) and one or two short edge elements (not to exceed 6 seconds)

SPINS: One dance spin but not more than two selected from the following:

- a) spin with minimum of 3 revolutions on one foot

- b) combination spin with minimum of 3 revolutions on one foot for each part of the spin.
- STEP SEQUENCE: One step sequence covering full ice. Choose from midline, diagonal, circular or serpentine pattern. A variety of steps and turns must include Mohawks, three-turns, Brackets, Counters, Rockers. Spins, jumps of more than ½ rotation, stops, loops, pirouettes or regressions are not permitted.
- TWIZZLES: One or two sets of sequential twizzles but no more. If more than one set is included, the second set must be different from the first.
Minimum of 2 rotations on each twizzle in the first set. No more than 3 steps between the twizzles.
- STOPS: One full stop is permitted not to exceed 5 seconds.

GOLD SOLO FREE DANCE (Junior/Senior Level)

Eligibility: Must have passed Silver Dance Test and Novice Moves in the Field Test

Duration: 3:00 minutes +/- 10 Seconds

Element Requirements:

- EDGE ELEMENTS: One or two different long edge elements (12 Seconds) and two different short elements (6 seconds)
- SPINS: One or two different dance spins selected from the following:
 - a) spin with minimum of 3 revolutions on one foot
 - b) combination spin with minimum of 3 revolutions on one foot for each part of the spin.
- STEP SEQUENCE: Two different types of step sequences, but utilizing full ice. Choose one from Group A and one from Group B
Group A: Midline, Diagonal
Group B: Circular, Serpentine with either 2 or 3 bold curves
A variety of steps and turns must include Mohawks, Choctaws, three-turns, Brackets, Counters, Rockers, Twizzles. Spins, jumps of more than ½ rotation, stops, loops, pirouettes, or regressions are not permitted.
- TWIZZLES: Two sets of sequential twizzles but no more. The second set must be different from the first. Minimum of 2 rotations on each twizzle. No more than 3 steps between the twizzles.
- STOPS: Two full stops are permitted not to exceed 5 seconds each

Solo Pattern Dance Only Events

All solo events are open to men and women.

Eligibility: None

Rules: The skater will skate alone, two sequences of his or her steps of the dance.

Senior Solo Pattern Dance

Initial Round: Westminster Waltz

Final Round: Rhumba

Junior Solo Pattern Dance

Initial Round: Starlight Waltz

Final Round: Cha Cha Congelata

Novice Solo Pattern Dance

Initial Round: Kilian

Final Round: Argentine Tango

Intermediate Solo Pattern Dance

Initial Round: Foxtrot

Final Round: Tango

Juvenile Solo Pattern Dance

Initial Round: Hickory Hoedown

Final Round: 14 Step

Pre Juvenile Solo Pattern Dance

Initial Round: Cha Cha

Final Round: Rhythm Blues

ADULT SOLO DANCE EVENTS

Open to men and women

Skater will skate alone two sequences of his or her steps of the dance

Eligibility as listed for each level

** Either Standard, Solo, Adult, Adult Solo, Masters or Masters Solo

Bronze Adult Solo Dance

Requirement: Preliminary Dance Test **

No higher than Bronze Dance Test 21 years +

Initial Round: Cha Cha

Final Round: 14 Step

Silver Adult Solo Dance

Requirement: Bronze Dance Test **

No higher than Silver Dance Test 21 years +

Initial Round: European Waltz

Final Round: Blues

Gold Adult Solo Dance

Requirement: Silver Dance Test ** 21 years +

Initial Round: Starlight Waltz

Final Round: Paso Doble

SHADOW DANCE EVENTS

Shadow dance may be 2 women or 2 men.

Two sequences of the called dance for each event will be skated

Senior Shadow Dance

Eligibility: Open

Dance: Westminster Waltz

Junior Shadow Dance

Eligibility: Not more than 1 gold passed.

Dance: Argentine Tango

Novice Shadow Dance

Eligibility: Not more than 1 pre-gold passed.

Dance: Kilian

Intermediate Shadow Dance

Eligibility: Not more than 1 silver passed.

Dance: Tango

Juvenile Shadow Dance

Eligibility: Not more than 1 pre-silver passed.

Dance: Cha Cha

Lake Place Ice Dance Competition is a qualifying site for points leading towards the National Solo Dance Championships. Following is the information for participation in the US Figure Skating 2011 Solo Dance Competition Series. Skaters may enter the events qualifying for the National Solo Dance Championships, the solo pattern dance events, or both.

2011 Solo Dance Competition Series

OVERVIEW:

U.S Figure Skating is pleased to announce the 2011 Solo Dance competition series. This program was conceptualized to serve as a Membership and Dance discipline development tool and is open to individual skaters within the Eastern, Midwestern and Pacific Coast sections.

Eligibility:

Test requirements must be met at the date entries are closed. Subsequent changes will not affect eligibility. Events are open to eligible or reinstated persons and the members of other governing bodies which are members of ISU. All skaters must either compete at their test level or one level above of their highest completed dance test. The determination of level will be based upon test level at the entry deadline**. The test level is determined by a skater completing all of the dance tests within that level. Skaters may not change levels once the deadline has passed and/or their individual form is submitted to U.S. Figure Skating.

** Test level may be either standard or solo dance. Adult dance, adult solo dance, master's dance and master's solo dance do not fulfill the testing requirements for this event.

Judging:

Performance will be judged using the 6.0 judging system with two marks given for each performance.

Events:

Preliminary*	Pre-Bronze*	Bronze*	Pre-Silver*	Silver*	Pre-Gold*	Gold*
Dutch Waltz	Swing	Ten Fox	Fourteen - step	Rocker Foxtrot	Killian	Westminster Waltz
Canasta	Cha-Cha	Hickory Hoedown	Foxtrot	Tango	Starlight Waltz	Viennese Waltz
Tango	Fiesta	Willow Waltz	European Waltz	American Waltz	Paso Doble	Quickstep
Rhythm Blues	Tango				Blues	Argentine Tango

Testing Requirements:

All skaters must compete at the level of their most recently completed dances test* as of the entry deadline or skaters may compete one level above their current test level.

Note: Skaters may NOT change their levels during the March 1st – August 15th competitive season.

* Completed dance tests may be either standard or solo dance. Adult dance, adult solo dance, masters dance and masters solo dance do not fulfill the testing requirements for this event.

For more information regarding the Solo Dance Series, please go to:

<http://www.usfigureskating.org/Programs.asp?id=479>

TENTATIVE SCHEDULE

****SUBJECT TO CHANGE****

Wednesday, 27 July 2011

Official Practice

Initial Rounds – All Solo Pattern Dance Events except Adult

Solo Short Dance – Bronze, Silver and Gold

Open Dance Events if time permits

Thursday, 28 July 2011

Final Rounds – All Solo Pattern Dance Events

Solo Short Dance if not completed on Wednesday

Preliminary through Pre Silver dances for 2011 Solo Dance Series Competition

Initial Rounds – Pattern Dances – Pre-Juvenile, Juvenile, Intermediate,

Free Dance – Novice

Short Dance per ISU 2011 requirements – Junior, Senior

Open Dance – All levels as time permits

Friday, 29 July 2011

Silver through Gold dances for 2011 Solo Dance Series Competition

Solo Free Dance Events Bronze, Silver, and Gold

Initial Round – Novice Pattern Dances

Final Rounds – Pattern Dances – Pre-Juvenile, Juvenile, Intermediate

Free Dance - Junior, Senior

Shadow Dance – Levels as time permits

Open Dance – All levels as needed

Saturday, 30 July 2011

Finish any dances not completed for the 2011 Solo Dance Series Competition

Shadow Dance – levels not completed

Final Round – Novice Pattern Dance

Initial and Final Rounds – All Adult Events including Adult Solo Dance

Open Dance – All levels as needed

Free Dance – Juvenile, Intermediate

Depending upon entries received, events may be moved to other days. Events are not listed in any specific order.

Additional Notes and Clarifications:

1. Watch for ISU Communications with new Short and Free Dance requirements.
2. Solo dancers may enter both the Solo Pattern Dance and the Solo Dance Series events if desired. They are completely separate events. Follow the rules for each as provided.